| | Middle School | School Year: 2018/2019 |
|---|--|---|
| Class: | | Duration: 1hour |
| lame: | | |
| | THIRD TERM | TEST |
| PART ONE: | | |
| /Reading Comprehension: | | |
| Text: | | |
| | and not practising sport cause | obesity and |
| you can have overweight. To keep healthy, you | have to eat a balanced diet | Your food |
| | egetables, fruits, protein and | |
| | that contain a lot of sugar, oil | |
| | es because they contain vitaming and fish because they contain properties. | |
| Don't forget that you | should practise sport because | se it is very |
| | y well shaped and energetic. Dr | rink water as |
| much as you can, it's very g Don't sit on the sofa. | good to your body. watch tv and eat and never pr | ractise sport. |
| That's very dangerous to | your health, you'll gain extra | 110 |
| some illnesses. | 2017/2019 tost | |
| - | om 2017/2018 test od and Health Magazine | |
| | - <u> </u> | V |
| Task (1): Read the text and | circle the correct answer (a / | b / c) (3pts) |
| | | |
| 1- The text is: | a- a web article b-a | magazine article c- an e-mail. |
| 1- The text is:2- The text is about: | a- a balanced diet b- g | oing to the doctor c- stomach ac |
| 1- The text is:2- The text is about: | a- a balanced diet b- g a- eating healthy food | oing to the doctor c- stomach ac b- not practising sport |
| 1- The text is:2- The text is about: | a- a balanced diet b- g a- eating healthy food | oing to the doctor c- stomach ac |
| The text is: The text is about: Obesity is because: | a- a balanced diet b- g a- eating healthy food | oing to the doctor c- stomach act b- not practising sport food and not practicing sport |
| The text is: The text is about: Obesity is because: | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question | oing to the doctor c- stomach act b- not practising sport food and not practicing sport |
| 1- The text is: 2- The text is about: 3- Obesity is because: ask (2): Read the text and a 1- Does the sport keep | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question your body energetic? | oing to the doctor c- stomach act b- not practising sport food and not practicing sport |
| 1- The text is: 2- The text is about: 3- Obesity is because: ask (2): Read the text and and an | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question your body energetic? r bodies healthy? | oing to the doctor c- stomach act b- not practising sport food and not practicing sport (2pts) |
| 1- The text is: 2- The text is about: 3- Obesity is because: ask (2): Read the text and and an | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question your body energetic? r bodies healthy? | oing to the doctor c- stomach act b- not practising sport food and not practicing sport s (2pts) |
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| 1- The text is: 2- The text is about: 3- Obesity is because: ask (2): Read the text and a 1- Does the sport keep a 2- How can we keep ou ask (3): Find in the text (2p) | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question your body energetic? r bodies healthy? | oing to the doctor c- stomach act b- not practising sport food and not practicing sport (2pts) |
| 1- The text is: 2- The text is about: 3- Obesity is because: ask (2): Read the text and a 1- Does the sport keep a 2- How can we keep ou ask (3): Find in the text (2p) | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question your body energetic? r bodies healthy? ots) meaning to the following | oing to the doctor c- stomach act b- not practising sport food and not practicing sport (2pts) |
| 1- The text is: 2- The text is about: 3- Obesity is because: ask (2): Read the text and and an | a- a balanced diet b- g a- eating healthy food c- eating unhealthy answer the following question your body energetic? r bodies healthy? ots) meaning to the following | oing to the doctor c- stomach act b- not practising sport food and not practicing sport s (2pts) |

| B/Mastery of Language: |
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| Task (1): Re-order the words to get a full sentence (3pts) |
| a- eat/You/vegetables/should/./weight/to lose/ |
| b- cigarettes/./smoke/shouldn't/Nabil/ |
| c- stop/ must/Ahmed/pasta/eating/. |
| Task (2): Complete the passage with: "must" or "mustn't" (2pts) |
| Amir has got flu, he stay at home and drink cold water. He see the doctor to examine him but heeat medicaments without seeing him. |
| Task (3): Classify the words in the bubbles according to the pronunciation of the underlined letters (2pt |
| Sugar – school – chest – headache |
| /ʃ/ /tʃ/ /k/ |

PART TWO: Situation of Integration (6pts)

Your friend is overweight and need a help. Write an e-mail and tell him about your weekly diet plan that your dietition tell you to follow. Use the following cues.

At breakfast: a glass of milk with less sugar and fruit salad.

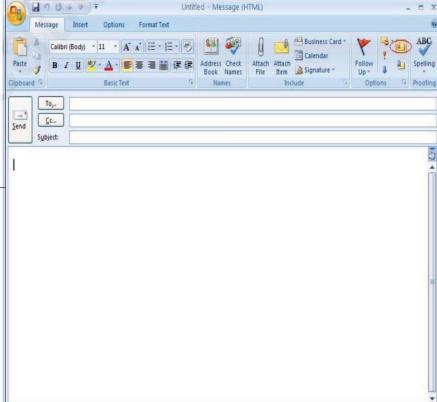
At lunch: a grilled escalope and vegetables soup with small portion of bread, for dissert an apple.

At dinner: a salad of boiled potatoes and carrots with lettuce salad and for dissert squeezed juice.

Exercises: walking for 30 minutes,

everyday.







Good luck



Your teacher



Aouabed Amel

